

Osteopathic and Acupuncture treatment at St.James's Surgery.

Please adhere to the following



Stay outside or in your car.

Please only come into the practice at your appointed time. You do not need to go upstairs to reception to log in.



Wash your hands.

Hand sanitiser will be available and is required on entering the building.



Family or friends must stay in the car.

Please limit the number of family members, carers and children accompanying you.



Leave Accessory items in car.

Items such as coats, watches and jewellery.



Please be patient.

There will be spacing time between patients to allow for time to disinfect surfaces.



Payment.

Please use contactless ApplePay if possible though card payments are available as normal. I cannot accept cash or cheques at present.



Be prepared.

Charlotte will be wearing a mask, apron and gloves. Glasses or visor may also be necessary. If you have access to a sterilised mask it would be preferable for these to be worn.



Watch for COVID-19 symptoms and please reschedule if you are:

- Experiencing any signs and symptoms of COVID-19; i.e. Do you have a cough, fever or sore throat.
- Exposed to anyone with suspected or diagnosed COVID -19 in the last 14-21 days
- Returned from abroad in the last 14 days.

